Cadrick Msongelwa is a multi-award winning theatre Actor, Clown, Physical theatre instructor from Bulawayo Zimbabwe. Cadrick is a holder of a Professional Training Certificate in physical theatre, Dell'Arte International School of Physical theatre (2019/20), A certificate in basic theatre with Nhimbe's Schools Playwrights and Actors Academy (2012-2015), A certificate in one year actor/creator training program Zimbabwe Theatre Academy 2017/18). Cadrick has participated in various cultural exchange programs, theatre camps and studied under fellowships such as YoungVic UK/Nhimbe Zim Exchange program 2019, The SADC theatre camp 2020 hosted by Savanna Trust and the ITI Zim and Dell'Arte African fellowship.

Cadrick is a mid career theatre practitioner and had a cumulative 8 years experience in stage performance and workshop facilitation. Actor(2021) The Good Minister from Kunyarara, Actor (2021) Deathbed, Actor (2021) Sons of Men , Actor (2021) The Taking, Deviser/Actor(2020) Commedia Dell'Arte, 2020 PTP Clown Show, Actor/Creator (2018) The Breathing Graves(ZTA Graduation), Actor (2014) The Flat dwellers, Actor (2014) Siyaphindela